



CANINE ATHLETICA

Rehabilitation and Sports Medicine for your Dog

Our Mission...

At **Canine Athletica** we are trained in the diagnosis and treatment of lameness and athletic performance problems for both canine athletes and for house pets who can only dream of being athletes.

Canine Rehabilitation is used to help dogs develop, maintain and restore maximum movement and functional ability. Think of it as physio for dogs.

Underwater Treadmill



“Unleash your dog’s inner athlete.”

We know how important your pet is to you...

Just like you, we love our furry companions, so we know how important your connection is with your pet.

We are certified in sports medicine and rehabilitation services for dogs, which includes offering Ottawa’s first underwater treadmill.

Benefits of Treadmill Therapy:

- water buoyancy reduces gravity, diminishing concussive forces
- water height is regulated to accommodate different-sized animals and adjust for weight bearing
- allows early intervention and quicker recovery times
- water provides resistance throughout the range of motion, providing gentle, hydro-kinetic exercise
- warm water assists in pain reduction



“Run Shaye, run!”

Some of the Conditions We Can Treat:

- **Orthopedic Disorders**
 - Arthritis
 - Hip and elbow dysplasia
 - Cruciate ligament injury
 - Muscle strains
- **Neurological Disorders**
 - Intervertebral disc disease
 - Degenerative nerve problems
 - Injuries

Benefits of Canine Rehabilitation:

- Enhances performance
- Decreases pain
- Increases the rate of recovery from surgery
- Improves mobility for older dogs



Canine Athletica is:

Dr. Nigel Gumley | Msc, Diplomate American Board of Veterinary Practitioners, Certified Canine Rehabilitation Practitioner

Carrie Smith | PT, Certified Canine Rehabilitation Therapist

Sarah Baker | RVT, Certified Canine Rehabilitation Assistant

Cedarview Animal Hospital
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Our Services Include:

- Underwater treadmill
- Gait analysis and lameness assessment
- Radiography including PennHIP(TM), OFA and OVC certification
- Therapeutic exercises
- Therapeutic ultrasound
- Therapeutic laser
- Electrical muscle stimulation
- Joint mobilizations
- Heat and cold therapy
- Nutrition
- Home Mobility aids
- Athletic conditioning
- Acupuncture



“Optimize your dog’s health potential.”

- Increases range of motion of joints
- Helps with weight management
- Increases muscle mass and strength
- Reduces risk of injury
- Improves quality of life

We’re looking forward to helping you and your dog.